

Washington Woman

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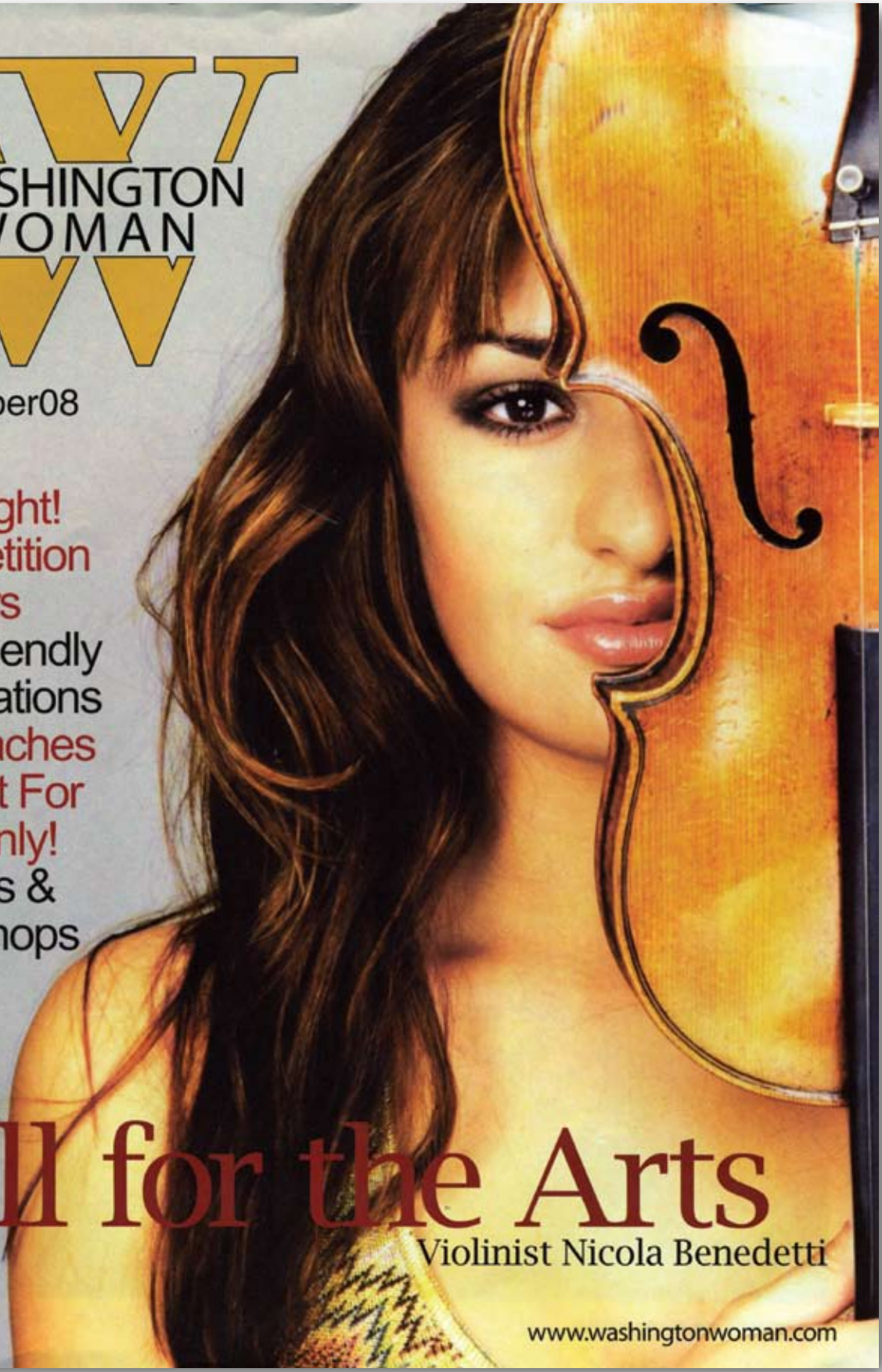
September 08

StartRight!  
Competition  
Winners  
Eco-Friendly  
Celebrations  
Moustaches  
Are Not For  
Men Only!  
Classes &  
Workshops  
Guide

# Fall for the Arts

Violinist Nicola Benedetti

[www.washingtonwoman.com](http://www.washingtonwoman.com)



# The "It" List

BY ALICIA BREWSTER

## Harvest Beauty

**THESE PLANT-BASED** pure and organic beauty products will make you feel like a natural woman, from head to toe. Eco-chic never looked so good!

### 1. SIMPLY DI-VINE

Refresh dry, stressed tresses with Avalon Organics' **Olive & Grape Seed Shampoo and Conditioner**. The antioxidant-rich olive oil and grape seed oil hydrate and protect against damaging free radicals, boosting your locks' softness and shine. \$9 each [www.avalonorganics.com](http://www.avalonorganics.com)

### 2. TROPICAL TREAT

Nix shaving nicks and cuts with **Alba Hawaiian Papaya Mango Moisturizing Cream Shave**. The nourishing cream is enriched with passion fruit, mango, papaya and vitamin E to protect and repair your skin. \$4.95 [www.albabotanica.com](http://www.albabotanica.com)

### 3. BIG TEAS

Pamper yourself with Desert Essence Organics' **Vanilla Chai Hand and Body Lotion**. The gluten- and paraben-free lotion is formulated with organic teas, sunflower oil and vanilla extract and leaves your skin feeling soft and supple all day long. \$8.99 [www.desertessence.com](http://www.desertessence.com)

### 4. COMING UP ROSES

Get that youthful rosy glow with John Masters Organics' **Rose Foaming Face Wash**. The gentle cleanser uses pure organic essential rose oil to improve circulation and increase hydration. It's so mild you can even use it to remove your eye makeup. \$19 [www.johnmasters.com](http://www.johnmasters.com)

### 5. THAT'S INTENSE!

Rehydrate your face and even out skin tone with the nutrient-rich **Intense Gel** from House of Deming. Just a little dab of this botanical-packed potent gel can help fight free radicals and fine lines and repair sun damage for softer, healthier skin. \$35 [www.puredeming.com](http://www.puredeming.com)

### 6. PERFECTLY POLISHED

Add a little warmth to those crisp fall days with **Aura Cacia's Ginger/ Mint Nourishing Body Polish**. The organic sugar cane granules buff away dull skin, while the creamy shea butter and coconut oil restore your skin's radiance. \$7.69 [www.auracacia.com](http://www.auracacia.com)

### 7. CRÈME DE LA CREAM

This **Cocoa Butter Body Cream** from Alaffia will have you looking, and smelling, great with its natural oils and warm vanilla mocha scent. And the pure cocoa butter is hand-extracted using traditional methods in a certified fair trade women's cooperative in Togo, Africa, so you'll feel even better knowing your purchase is helping empower women. \$12.95 [www.alaffia.com](http://www.alaffia.com)

### 8. ALL LATHERED UP

**Pacifica Natural Soaps** have a scent for every season and style. Blended with natural oils and a biodegradable, vegan soap base, these luxurious bath bars are gentle enough for all skin types. For fall, try the tangy Tuscan Blood Orange, sultry Spanish Amber or mellow Mediterranean Fig. Gals on the go will also love Pacifica's matching line of solid perfumes. \$6.95 [www.pacificacandles.com](http://www.pacificacandles.com)

