

Viva

Pre-Fall 2008



PRE-FALL 2008

YOUR PRE-FALL WOMEN'S NATURAL HEALTH MAGAZINE®

~~\$4.99~~
Free
Issue

Viva Magazine

...ession of balanced living®

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Musts For Your
Makeup Bag

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**Supplement
Strategies**

Post-Summer
Detox

Former Prima Ballerina
Karen Kain

**Eco-Reno:
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GREEN TEEN
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Reduce Those Forehead Wrinkles
Naturally

A+
Ovarian Health
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Lunchtime Workout

Something to Smile About:
Whiter, Brighter Teeth

Exclusive
**Maria
BELLO**

Staying Balanced with the Star of the **Mummy 3**

Pet Health:
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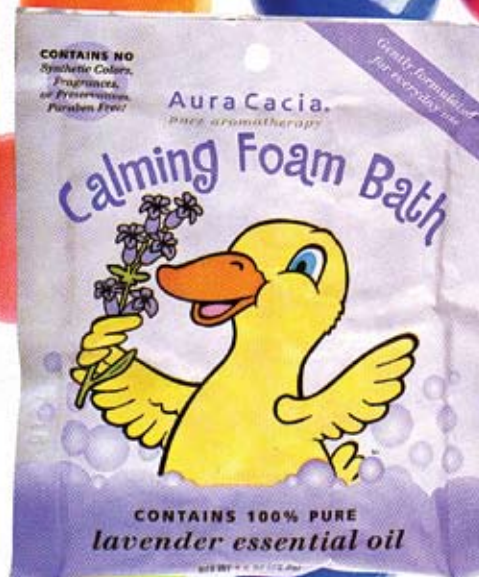
Kids Clean-Up

Make sure to try these products to help make sure your little ones stay squeaky clean.

Photography by Davide Bagnorol • Styled by Sarah Jay



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1. Aubrey Organics Natural Baby & Kids Bath Soap

An all-natural soap (which is great for all ages!) that lathers up gently without stripping the skin's protective oils and leaves a delicate scent. Not to worry – it's even safe for sensitive skin. (\$8.68)

2. Holista 100% Tea Tree Oil

This traditional herbal antiseptic and antifungal can be applied to minor cuts, abrasions, pimples and stings. Add to your first aid kit and you can treat your son or daughter's boo-boos the natural way. (25ml, \$10.89)

3. Seventh Generation Chlorine Free Baby Wipes

Leave some in your child's school bag to clean dirty hands with natural aloe vera, vitamin E and water. Doesn't contain alcohol, fragrance or any synthetic ingredients, so it's gentle on everybody's skin – even yours! (\$6.75)

4. Treemenda Lice Stop Laundry Presoak

When treating lice, don't forget to clean those sheets and clothes! With the help of tea tree oil, this formulation works with normal hot water to wash items that might have come in contact with lice. (\$17.99)

5. Aura Cacia

Calming Foam Bath
Splish splash, your kids will love to take a bath with this soothing formula. Contains 100% pure lavender and citrus essential oils for a relaxing before-bedtime clean-up. (\$1.99-\$2.49)